



Post-Op Instructions: Root Canal Therapy

Numbness:

We used a local anesthetic to thoroughly numb the area in your mouth being treated. The numbness in your lips, tongue, and teeth may last several hours after the procedure. You should avoid any chewing until the numbness has completely worn off. Be VERY careful not to bite, chew, or scratch the numb area.

Caring for Temporary Crown or Filling:

The temporary fillings or crown was placed to protect your tooth in between your next appointments. If you received a temporary crown, there is a chance it could pop off. If it does please call our office and we can re-cement it for you. To ensure your temporary filling or crown won't come loose follow these instructions:

Avoid chewing gum and eating sticky/hard foods.

If possible, chew on the opposite side of the treated area.

Floss carefully each day by pulling the floss out from the side when flossing next to the temporary. (Lifting the floss out from the top can cause the temporary to come loose.)

Pain:

For the first few days after your Root Canal Therapy (RCT), you may have some discomfort or sensitivity in the treated area. If antibiotics have been prescribed, it's most important that you take them for the full length of time indicated on the prescription. TO minimize pain take two Tylenol, Ibuprofen, or Advil every 3-4 hours until bed time to maintain comfort. Be sure to take some before the anesthesia wears off.

If you have any other questions or concerns please call our office at (208)-529-3836.